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# STUDFALL JUNIOR ACADEMY

Dear Parents and Carers,

As from September we will have an increasing number of pupils in our school who have nut allergies. Anaphylaxis (allergic reaction) can occur as a result of **digestion, inhalation** or **any other contact** with nut-based products. For their safety, all nut-based products will not be allowed to be brought into school.

From September, please do not send your child into school with any nut-based product for packed lunch or for a special birthday treat– this includes products that may contain traces of nuts.

### Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if your child consumes any nut-based product before school, they wash their hands. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and some of the pupils with the allergy are severe enough that even the slightest of contact with nuts could cause a severe and potentially life-threatening reaction.

We appreciate that this is a big change for all and apologise for any inconvenience this may cause.

Thank you in advance for your cooperation with this matter.

Kind regards,

Louise McGeachie

Principal

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