MENTAL HEALTH DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the numbers provided or drop in during our opening times.



• Support and Advice
• Wellbeing Activities
• Peer Support
• Parent Support is Available
• Also Available Remotely

Monday & Friday 4pm - 8pm

the lowdown, 3 Kingswell Street, Northampton, NN1 1PP 01604 634385

Tuesday 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll St, Corby, NN17 1RU 01536 518339

Wednesday 4pm - 8pm

CHAT Youth Counselling, Souster Youth Building, 30 Market Road, Thrapston, NN14 4JU 01832 274422

Thursday 4pm - 8pm

Youth Works, 97 Rockingham Rd, Kettering, NN16 9HX 01536 518339

Saturday 10am - 2pm

Service Six, 15 Sassoon Mews Wellingborough NN8 3LT 01933 277520

Saturday 12pm - 4pm

Time 2 Talk, The Abbey, Market Square, Daventry, NN11 4XG 01327 706706



Northamptonshire Healthcare
NHS Foundation Trust



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