

This is a list of things you can do at home and in our local area.

Challenge yourself to complete all the activities before you leave Studfall to go to secondary school.

You can start this at any age. When you have achieved something tick it and date it.

Let us know when you have completed the challenge.

Good luck and enjoy yourself!

NAME

AGE STARTED CHALLENGE:

AGE COMPLETED CHALLENGE:

30 things to do before you leave Studfall

Find 30 things to do before you leave Studfall. How many have you completed so far? Enjoy the great outdoors and our local area.

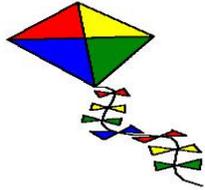


1 Roll down a really big hill.

2 Build a den.

3 Run around in the rain.

4 Fly a kite.



5 Play conkers.

6 Go on a really long bike ride.

7 Make a mud pie.

8 Make a daisy chain.

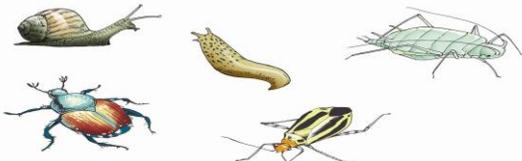


9 Create some wild art.

10 Make a grass trumpet.

11 Walk down and then back up
Rockingham Hill.

12 Hunt for bugs.



13 Play pooh sticks.



14 Look at the stars.

15 Plant it, grow it and then eat it.

16 Play in the snow.

17 Go to Corby library and sit and read
a book.



18 Join Corby library and take a book
out and read it at home.

19 Go to any local park and play on
everything.

20 Go to the Boating Lake and walk
around it and count the ducks and
swans.

21 Visit Rockingham Castle.

22 Go to Corby pool and go down the
slide 10 times.

23 Join a club – go to the club weekly
for at least a year.

24 Bird watch in our area, look for:

- A Red Kite



- A Blackbird



- A Sparrow



25 With an adult bake a cake for a
friend.

26 Sing loudly your favourite songs
whilst having a bath or shower.

27 Write a list of all the things and
people that make you happy in your
life and add to it as you grow.

28 Give someone you love, a cuddle
every day.

29 Play a board game with your
family.

30 Make someone laugh out loud.